

**SSYMCA Camp Burgess & Hayward**

# **CHALLENGE COURSE**



**Camp Burgess and Hayward offers two state-of-the-art high ropes courses, a zip line through main camp, an extensive low ropes course and a 30 foot outdoor climbing tower. Each part of our challenge course is designed to get participants out of their comfort zone and working with their peers to overcome challenges. Our highly trained staff facilitate each course to ensure participants' physical and emotional safety.**







## Solo Course

Test your personal agility and expand your comfort zone on Solo High Ropes Course. The course includes eight elements, each posing a unique obstacle challenge, stunning views of Spectacle Pond and thrilling zip line ride back to solid ground. Finish off the experience on our Big Zip through camp



## Team Course

Our Team High Ropes Course puts participant's teambuilding skills to the ultimate test. Participants work together with the help of 3 friends to move through four challenging elements, then move solo through 4 more elements to finish with the Big Zip through camp.



## Zip Line

Our 300 foot long zip line runs right through the heart of camp to give you views of both Triangle and Spectacle Pond and the opportunity to wave to your friends playing basketball underneath as you zip by. The Big Zip can be used in tandem with the Solo or Team Course, or be done all on its own.



## Climbing Tower

Our 30 foot outdoor climbing tower offers 6 different routes for participants to choose from. Participants are encouraged to set a goal for themselves to move out of their comfort zone and celebrate their success at each step. Trained belay staff help participants figure out the best path to reach their goal and return safely to the ground.



## Low Ropes

Our extensive low ropes course presents groups with various challenges that require them to work together to brainstorm and execute solutions. Each challenge is designed to foster communication, teamwork, and problem solving while also highlighting individual strengths and areas for improvement. Elements may involve balancing on wire cables, swinging on ropes or moving from one platform to another.